

deals

2X monthly!

June 25–July 15, 2025

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**Boulder Canyon
Kettle Potato Chips**
selected varieties

2/\$6
5.25–6.5 oz



**OLIPOP
Prebiotic Soda**
selected varieties

2/\$4
12 oz

Turn up the heat, not the price!

**JonnyPops
Organic Pops**
selected varieties



\$4.29
14.8 oz

**Nixie
Organic Sparkling Water**
selected varieties



\$4.49
8/12 oz

**Siete
Tortilla Chips**
selected varieties



2/\$8
5 oz

**LesserEvil
Organic Popcorn**
selected varieties



2/\$6
4.6–6.4 oz

**The Good Crisp Company
Potato Crisps**
selected varieties



\$2.69
5.6 oz

**Primal Kitchen
Organic Unsweetened
Ketchup**



\$4.79
11.3 oz

**Santa Cruz Organic
Organic Lemonade**
selected varieties



\$2.69
32 oz

**Health-Ade
Organic Kombucha**
selected varieties



2/\$6
16 oz

**Bubbies
Kosher Dill Pickles**



\$6.49
33 oz



Look for new deals on **July 16!**

**Annie's
Organic Mac & Cheese**
selected varieties

\$2⁷⁹

6 oz



**Napa Valley Naturals
Organic Cold Pressed
Extra Virgin Olive Oil**

\$17⁹⁹

25.4 oz



**Follow Your Heart
Vegenaise**
selected varieties

\$4⁴⁹

14 oz



**Uglies Kettle Chips
Kettle Potato Chips**
selected varieties

\$3⁴⁹

5.5–6 oz



**Late July
Tortilla Chips**
selected varieties

2/\$7

7.8 oz



SAVE S'MORE
on summer faves!



**Tony's Chocolonely
Chocolate Bar**
selected varieties

\$3⁹⁹

6.35 oz



**Annie's
Organic Graham Crackers**
selected varieties

2/\$7

14.4 oz



**Dandies
Vegan Marshmallows**
selected varieties

\$3²⁹

10 oz



Vegan Crispy Bars

20 MIN PREP + 1 HR CHILL • SERVES 6-8 • GLUTEN-FREE, VEGAN

INGREDIENTS

- 1 cup smooth peanut butter, unsalted
- $\frac{2}{3}$ cup brown rice syrup
- $\frac{1}{3}$ cup maple syrup
- 1 $\frac{1}{2}$ teaspoon vanilla extract
- 5 cups rice cereal
- 1 $\frac{1}{2}$ cups vegan bittersweet chocolate chips
- 1 tablespoon neutral oil
- 3 tablespoons shredded coconut

DIRECTIONS

- 1 In a 6-quart pot, melt together peanut butter, syrups, and vanilla on medium low heat. Stir in cereal.
- 2 Spread mixture in a parchment-lined 9" by 9" pan and press down flat.
- 3 Melt chocolate with oil and spread over bars. Sprinkle with coconut and chill until set, about 1 hour.



Barnana Organic Plantain Chips

selected varieties

2/\$7

5 oz



Larabar Fruit & Nut Bar

selected varieties

4/\$5

1.6-1.7 oz



Pamela's Pancake & Baking Mix

\$7.49

24 oz



So Delicious Organic Coconut Milk

selected varieties

\$2.59

32 oz



So Delicious Organic Coconut Milk

selected varieties

\$4.49

64 oz



So Delicious Frozen Dessert

selected varieties

\$4.79

16 oz



Smooth, creamy, and always dairy-free. Try our artfully crafted beverages, creamers and desserts. They are all dairy-free, Certified Vegan and Non-GMO Project Verified. That's the art of dairy-free.

**From The Ground Up
Cauliflower Crackers**

selected varieties



\$3²⁹

4 oz

**Serenity Kids
Organic Baby Food Pouch**

selected varieties

2/\$4

3.5 oz



**Essentia
Ionized Alkaline
Water**

4/\$5

1 lt



**KeVita
Organic Kombucha**

selected varieties

\$2⁵⁹

15.2 oz



**Guru
Organic Energy Drink**

selected varieties

\$2⁶⁹

12 oz



**Zevia
Zero Sugar Soda**

selected varieties

\$5⁷⁹

6/12 oz



**Reed's
Ginger Beer**
selected varieties

\$6⁹⁹

4/12 oz

**Virgil's
Soda**
selected varieties

\$6⁹⁹

4/12 oz



REBBL
Organic Functional Beverage
selected varieties



\$3.79

12 oz

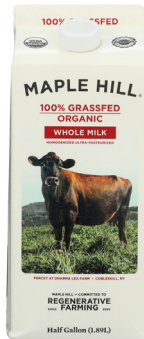
Milkadamia
Macadamia Milk
selected varieties



\$4.29

32 oz

Maple Hill Creamery
Organic Milk
selected varieties



\$6.99

64 oz

Vital Farms
Butter
selected varieties



\$3.79

8 oz

Forager Project
Organic Cashewmilk Yogurt
selected varieties



\$4.79

24 oz



Waterloo
Sparkling Water
selected varieties

\$5.29

12/12 oz

Find your favorite Waterloo flavor at your local independent retailer, now available in select sizes!



Organic Valley
Organic Cheese
selected varieties

\$4.79

8 oz



Organic Valley
Organic String Cheese

\$5.29

8 oz



Organic Valley
Organic Shredded Cheese

selected varieties

\$3.99

6 oz



Cheese You'll Melt Over.

Whatever cheese you are craving, there's a delicious, flavorful Organic Valley cheese for nearly every occasion. And they're all made with organic milk from pasture-raised cows. Enjoy!



BEYOND MEAT®

At Beyond Meat, we believe there is a better way to feed our future and that the positive choices we all make, no matter how small, can have a great impact on our personal health and the health of our planet. By shifting from animal to plant-based meat, we can positively impact four growing global issues: human health, climate change, constraints on natural resources, and animal welfare.



**Beyond Meat
Beyond Burger**

\$4.79

8 oz



**Beyond Meat
Beyond Sausage**

selected varieties

\$6.49

14 oz

**Ithaca
Hummus**

selected varieties

\$3.79

10 oz



**Alexia
Sweet Potato Fries**

\$4.99

11 oz



**Rudi's
Organic Bread**

selected varieties

\$4.79

22 oz



Hot Honey Crispy Chicken Sandwiches

45 MIN • SERVES 4 • TRADITIONAL

INGREDIENTS

- 4 breaded chicken breasts
- 4 hamburger buns
- 4 tablespoons mayonnaise
- 1 ½ cups kale slaw
- 1 red onion, thinly sliced
- 4 tablespoons unsalted butter, softened
- ½ cup honey
- 1 teaspoon crushed red chilies
- 1 teaspoon smoked paprika
- ½ teaspoon cayenne pepper

DIRECTIONS

- 1 In a small saucepan, combine hot honey ingredients and warm over low heat for a few minutes to infuse honey with spices. Turn off heat and set aside.
- 2 Prepare chicken breast based on package instructions.
- 3 Spread butter on buns and toast in a large skillet on low until golden.
- 4 Spread mayonnaise on the top bun and assemble sandwich with slaw, chicken, onions, and hot honey. Serve promptly.



**Field Roast
Plant-Based Sausages**

selected varieties

\$5.29

12.95 oz



**Alden's
Organic Ice Cream**

selected varieties

\$8.49

48 oz



Independent and Proud.

When you shop local, you make your dollars count. Support your community today and every day by choosing your local independent grocer.



SHOP SMALL. CELEBRATE BIG.

MegaFood
Magnesium 300 mg



\$12⁹⁹

60 ct

Rainbow Light
High Potency Women's
One Multivitamin



\$14⁹⁹

60 ct

Lily of the Desert
Organic Aloe Vera Juice



\$6⁷⁹

32 oz

Summer Zucchini Chips

1 HR • MAKES ABOUT 40 PIECES • GLUTEN-FREE, VEGETARIAN

INGREDIENTS

2 medium zucchinis, cut into ¼-inch slices
1 ½ cup gluten-free panko breadcrumbs
¾ cup grated parmesan cheese
¼ cup salt-free everything bagel seasoning
½ teaspoon sea salt
2 large eggs, whisked

DIRECTIONS

- 1 Preheat your air fryer to 400°F. On a baking tray or shallow dish, combine panko breadcrumbs, parmesan cheese, and everything seasoning. In a separate bowl, whisk the eggs.
- 2 In batches, coat each zucchini slice with the egg mixture. Transfer to the breadcrumb mixture, pressing to make a nice crust on each side.
- 3 Air fry zucchini slices in batches. Place slices directly in fryer basket, leaving room for the air to circulate—do not crowd the basket. Cook for 8 minutes, flipping halfway through. Promptly remove zucchini chips from fryer basket and place on a cooling rack. Sprinkle with salt while hot. Repeat with remaining zucchini slices.
- 4 Serve with your favorite dipping sauce.

Can't find everything bagel seasoning? Substitute with ½ teaspoon onion powder, ½ teaspoon garlic powder, ½ teaspoon poppyseeds, and 2 teaspoons sesame seeds.

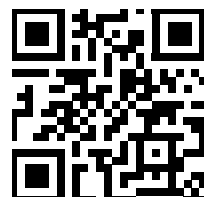


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